

YOU DESERVE TO BE **PROTECTED FROM VIOLENCE** AND HAVE THE RIGHT TO **SHARE YOUR OPINION** AND **BE HEARD**. IT'S OKAY AND NORMAL IF YOU FEEL SAD, ANGRY, OR SCARED. IT'S OKAY AND NORMAL IF YOU DON'T KNOW HOW YOU FEEL TOO. **YOU CAN ASK FOR HELP**. YOU ARE NOT ALONE, THERE ARE PEOPLE WHO CAN HELP YOU.



BE SAFE - EDUCATION

YOU HAVE THE RIGHT TO ACCESS QUALITY, SAFE, AND INCLUSIVE EDUCATION. GOVERNMENTS AND COMMUNITIES MUST WORK TOGETHER TO ENSURE THIS RIGHT IS UPHELD. VOICE YOUR CONCERN IN CASE EDUCATION SERVICES DON'T EXIST, ARE NOT ACCESSIBLE, INCLUSIVE, OR RELEVANT TO YOU.



LEARNING EMPOWERS YOU. WHEN YOU CAN, PRIORITIZE YOUR EDUCATION AS IT BRINGS YOU KNOWLEDGE, SKILLS, AND OPPORTUNITIES TO NAVIGATE CHALLENGES AND BUILD RESILIENCE. IT IS A POWERFUL TOOL TO HELP YOU OVERCOME ADVERSITY AND SHAPE YOUR FUTURE.



YOU HAVE THE POWER TO FIND SOLUTIONS. PLAN HOW YOU WILL CONTINUE LEARNING AND INTERACTING WITH YOUR PEERS. DISCUSS WITH YOUR FAMILY WHERE AND WITH WHO YOU WILL SPEND TIME OUTSIDE OF SCHOOL, YOUR SAFETY MATTERS TO THEM.



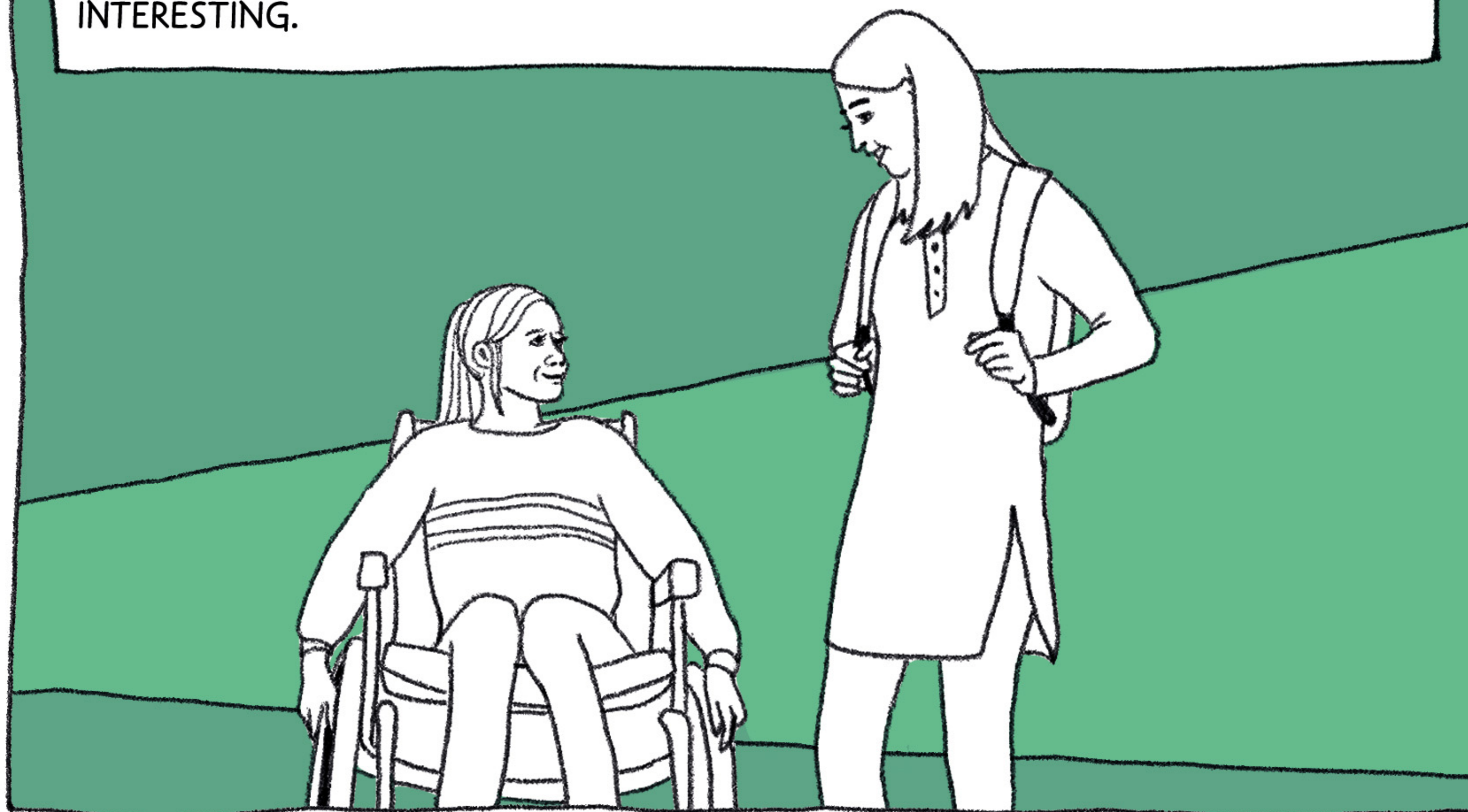
TAKE ADVANTAGE OF ALL LEARNING OPPORTUNITIES TO KEEP THRIVING. YOU CAN LEARN FROM MEMBERS OF YOUR COMMUNITY, THROUGH GAMES, STORIES, SPORTS, ARTS, CULTURAL EVENTS AND OTHER ACTIVITIES, VIA ONLINE COURSES OR DIGITAL RESOURCES, EVEN IN THE ABSENCE OF TRADITIONAL LEARNING SETTING.



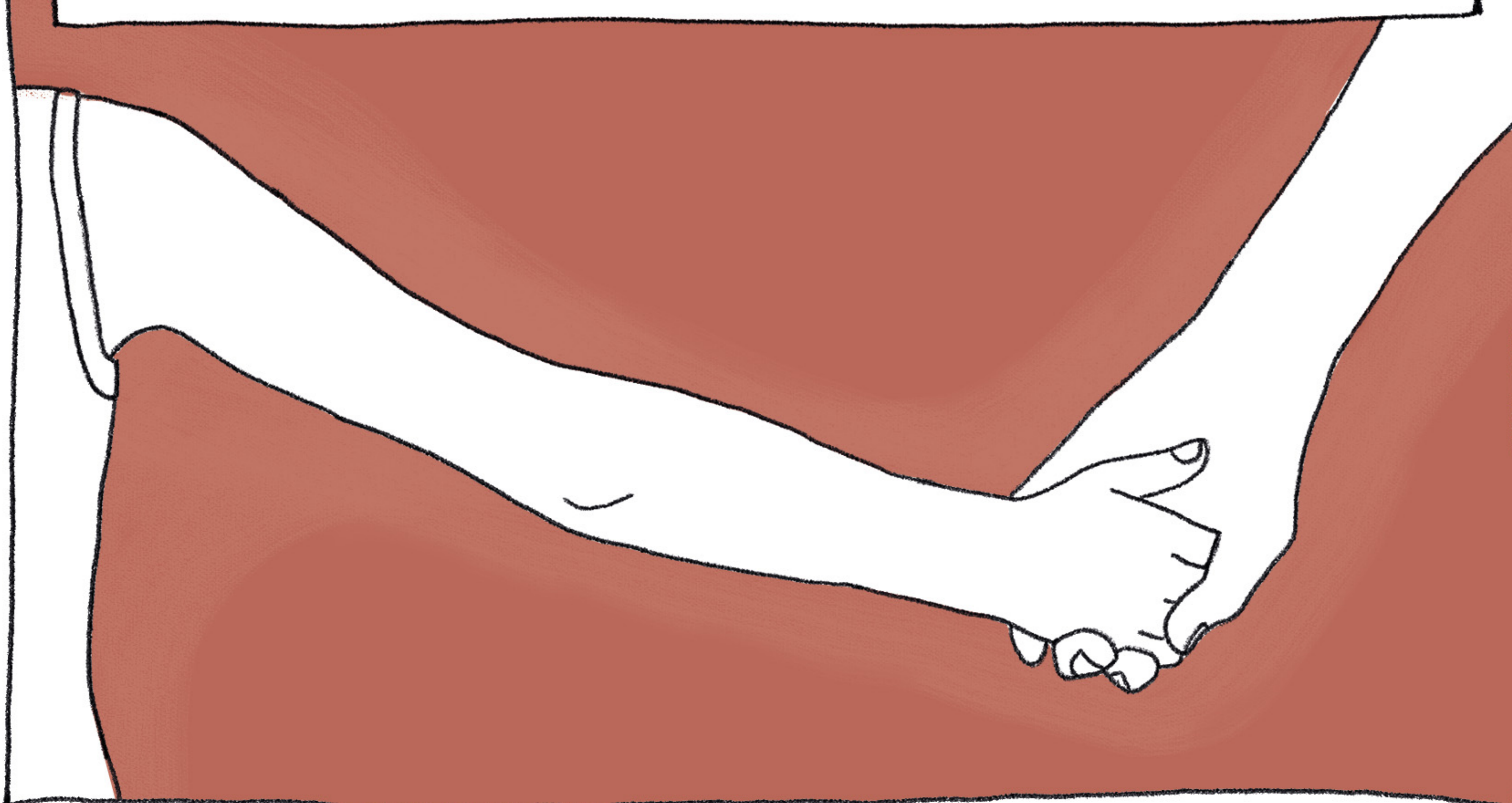
TAKE CARE OF YOURSELF AND OTHERS IF NEEDED. EDUCATION CONTRIBUTES TO YOUR PHYSICAL AND MENTAL WELLNESS, YOUR PROTECTIVE SKILLS AND SUPPORT SYSTEM. YOU CAN LEARN HOW TO SEEK AND PROVIDE SUPPORT FOR YOURSELF AND OTHERS.



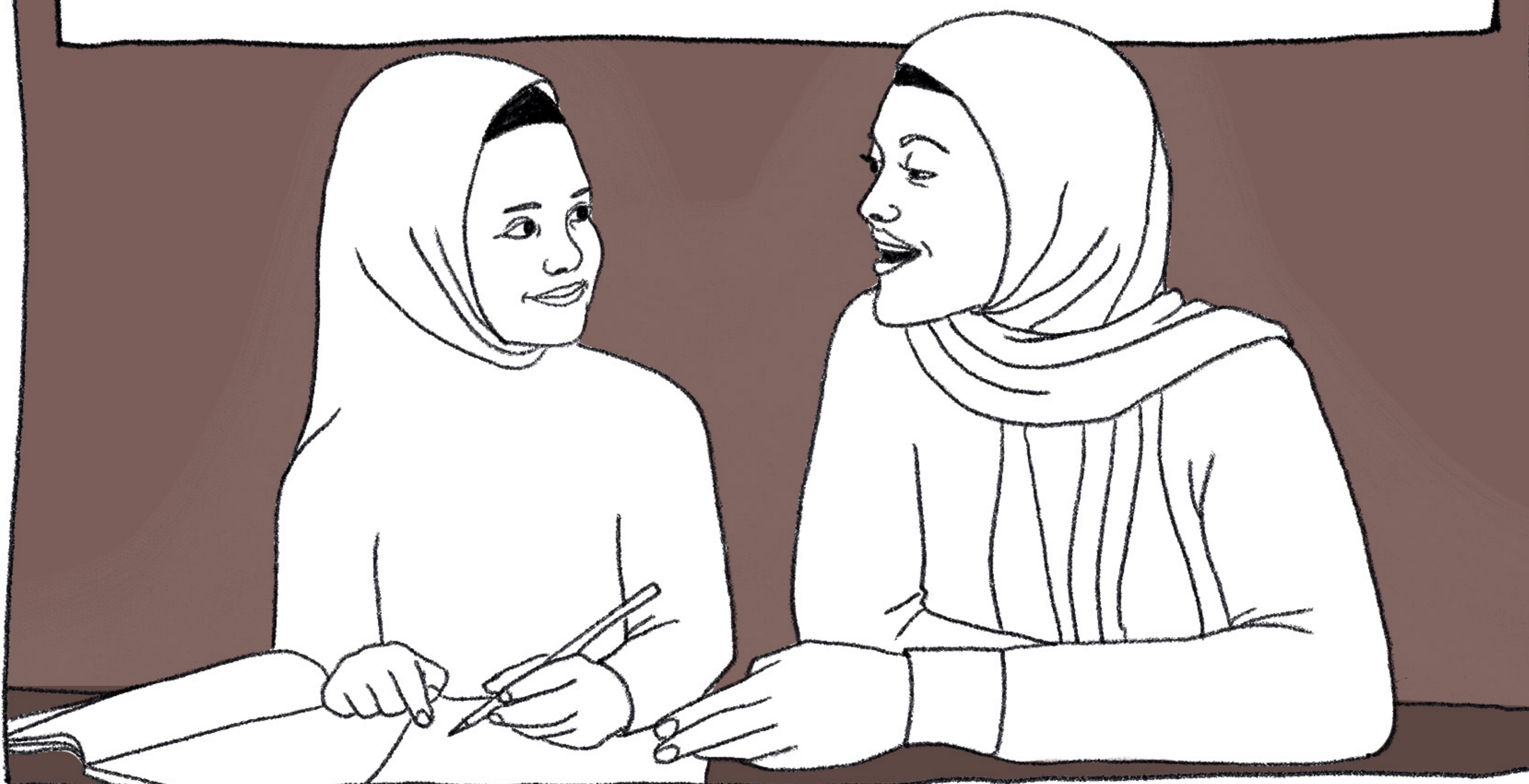
EMBRACE DIVERSITY. LEARNING FROM DIFFERENT KINDS OF PEOPLE BUILDS YOUR SKILLS AND MAKES YOU AND YOUR LEARNING PROCESS BETTER AND MORE INTERESTING.



CONTRIBUTE TO MAKING SCHOOLS AND OTHER LEARNING SETTINGS SAFE AND SUPPORTIVE ENVIRONMENTS WHERE YOU CAN ACCESS HELP, FEEL A SENSE OF BELONGING, AND BENEFIT FROM HEALTHY RELATIONSHIPS.



NURTURE SUPPORTIVE RELATIONSHIPS WITH PEERS, TEACHERS, AND OTHER EDUCATORS. THEY CAN HELP YOU WITH CONTINUED ACCESS TO EDUCATION AND FUTURE OPPORTUNITIES AND PREVENT PRACTICES SUCH AS CHILD MARRIAGE AND FEMALE GENITAL MUTILATION.



SHARE EXPERIENCES AND COLLABORATE WITH PEERS: IF YOU HAVE KNOWLEDGE OR SKILLS IN A PARTICULAR SUBJECT, SHARE THEM WITH OTHERS. FOSTER AN ENVIRONMENT WHERE EVERYONE SUPPORTS EACH OTHER'S LEARNING, SHARES RESOURCES, AND CREATES A SUPPORTIVE COMMUNITY.



YOUR VOICE MATTERS. ENGAGE WITH YOUR COMMUNITY AND ADVOCATE FOR THE IMPORTANCE OF EDUCATION AND THE TOPICS YOU WOULD LIKE TO DISCUSS AND KNOW MORE ABOUT.



STORE IMPORTANT DOCUMENTS LIKE SCHOOL DIPLOMAS OR CERTIFICATES IN A SAFE PLACE. YOUR ACHIEVEMENTS AND RECORDS ARE IMPORTANT AND WILL BE USEFUL FOR YOUR FUTURE.



YOU ARE NOT ALONE. THERE ARE PEOPLE WHO CAN HELP YOU. IF YOU NEED HELP, LOOK FOR SOMEONE WEARING A RED CROSS OR RED CRESCENT, OR SOMEONE FROM ANOTHER AGENCY YOU TRUST, OR CALL A LOCAL HELPLINE.

