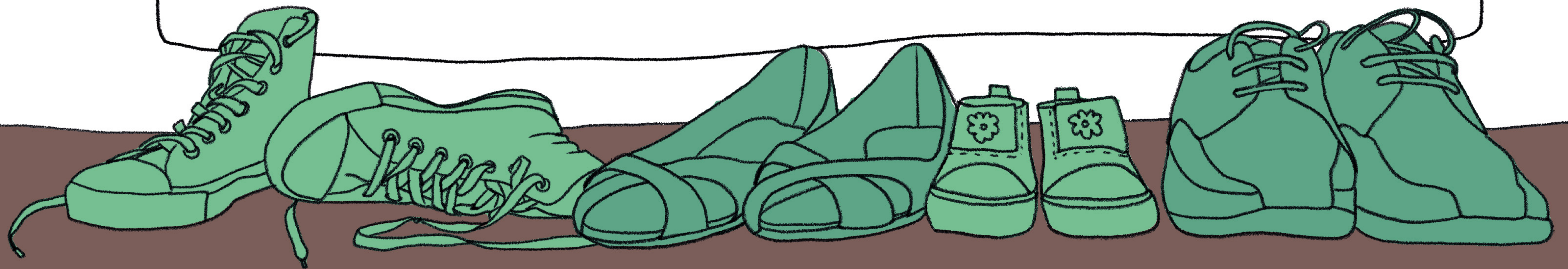


YOU DESERVE TO BE **PROTECTED FROM VIOLENCE** AND HAVE THE RIGHT TO **SHARE YOUR OPINION** AND **BE HEARD**. IT'S OKAY AND NORMAL IF YOU FEEL SAD, ANGRY, OR SCARED. IT'S OKAY AND NORMAL IF YOU DON'T KNOW HOW YOU FEEL TOO. **YOU CAN ASK FOR HELP**. YOU ARE NOT ALONE, THERE ARE PEOPLE WHO CAN HELP YOU.



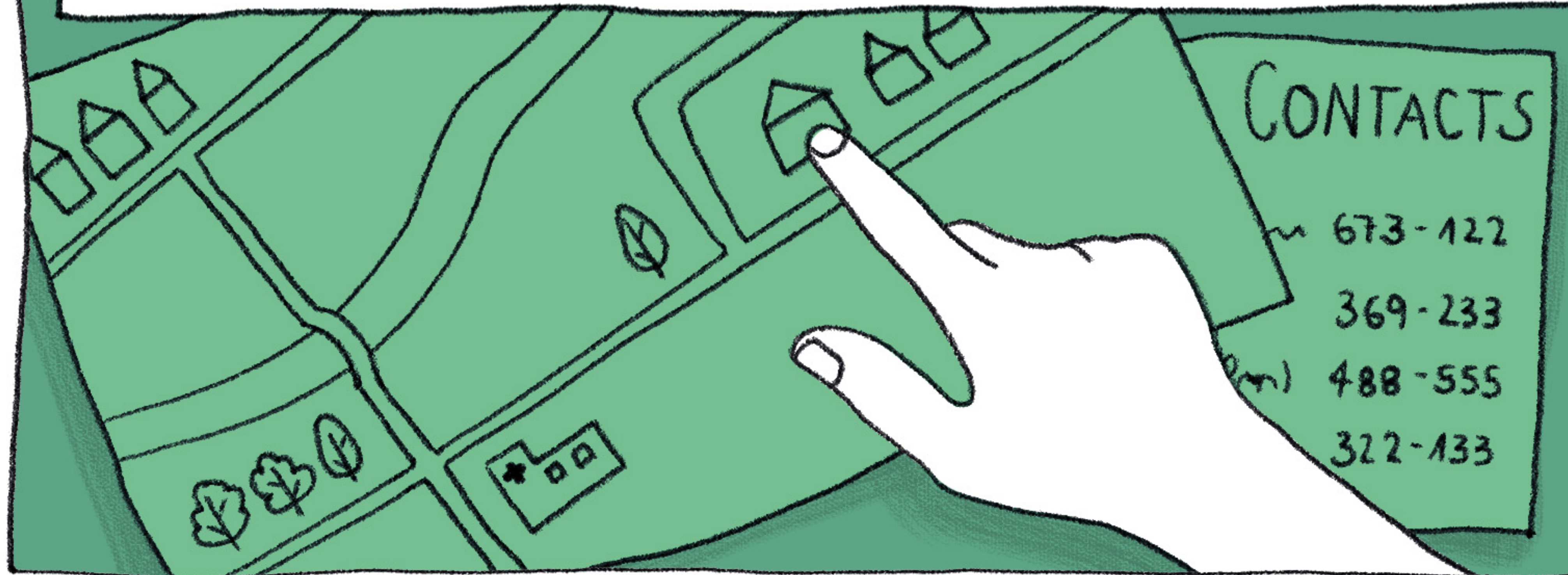
BE SAFE - RESTORING FAMILY LINKS

TO PREVENT SEPARATION FROM YOUR FAMILY...

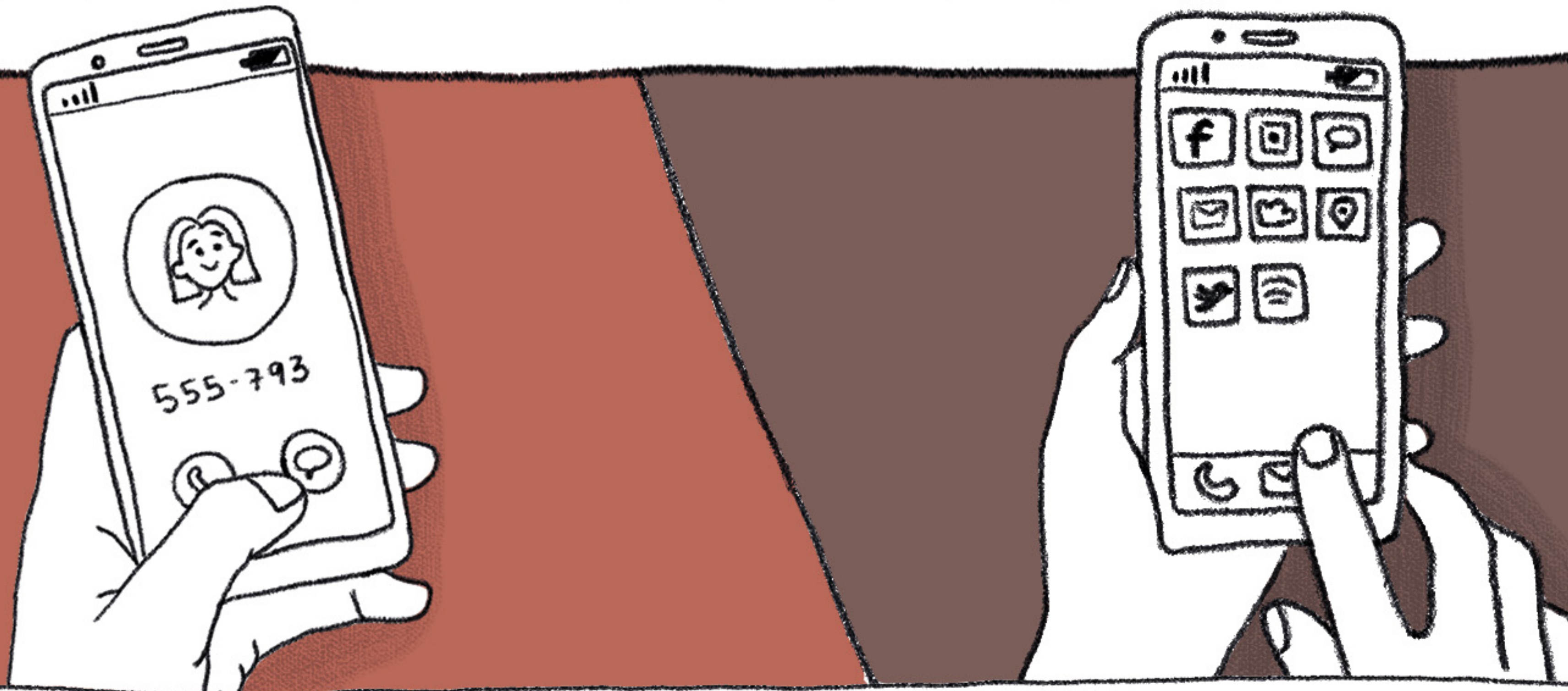
TALK TO YOUR FAMILY ABOUT WHERE YOU ARE GOING, WHO WITH, AND WHEN YOU WILL GET BACK. IF YOUR PLANS CHANGE, BE SURE TO TELL YOUR FAMILY. NEVER GO ANYWHERE WITH A STRANGER WITHOUT TELLING YOUR FAMILY OR A TRUSTED ADULT.



MAKE A PLAN WITH YOUR FAMILY ABOUT WHERE YOU WILL MEET IF YOU GET SEPARATED. THINK OF OTHER CLOSE FAMILY AND FRIENDS THAT COULD HELP YOU RESTORE CONTACT.



MEMORIZE YOUR PERSONAL DETAILS AND THOSE OF YOUR FAMILY MEMBERS: FULL NAME, DATE AND PLACE OF BIRTH, ADDRESS, PHONE NUMBER, EMAIL ADDRESS, SOCIAL MEDIA OR SIMILAR DETAILS THAT COULD EASILY BE RETRIEVED IN CASE THEY GET LOST OR FORGOTTEN.



CARRY IMPORTANT DOCUMENTS WITH YOU LIKE PERSONAL IDENTIFICATION, VACCINATION CARDS, AND KEEP PHOTOCOPIES OF THEM IN A DRY AND HIDDEN PLACE.



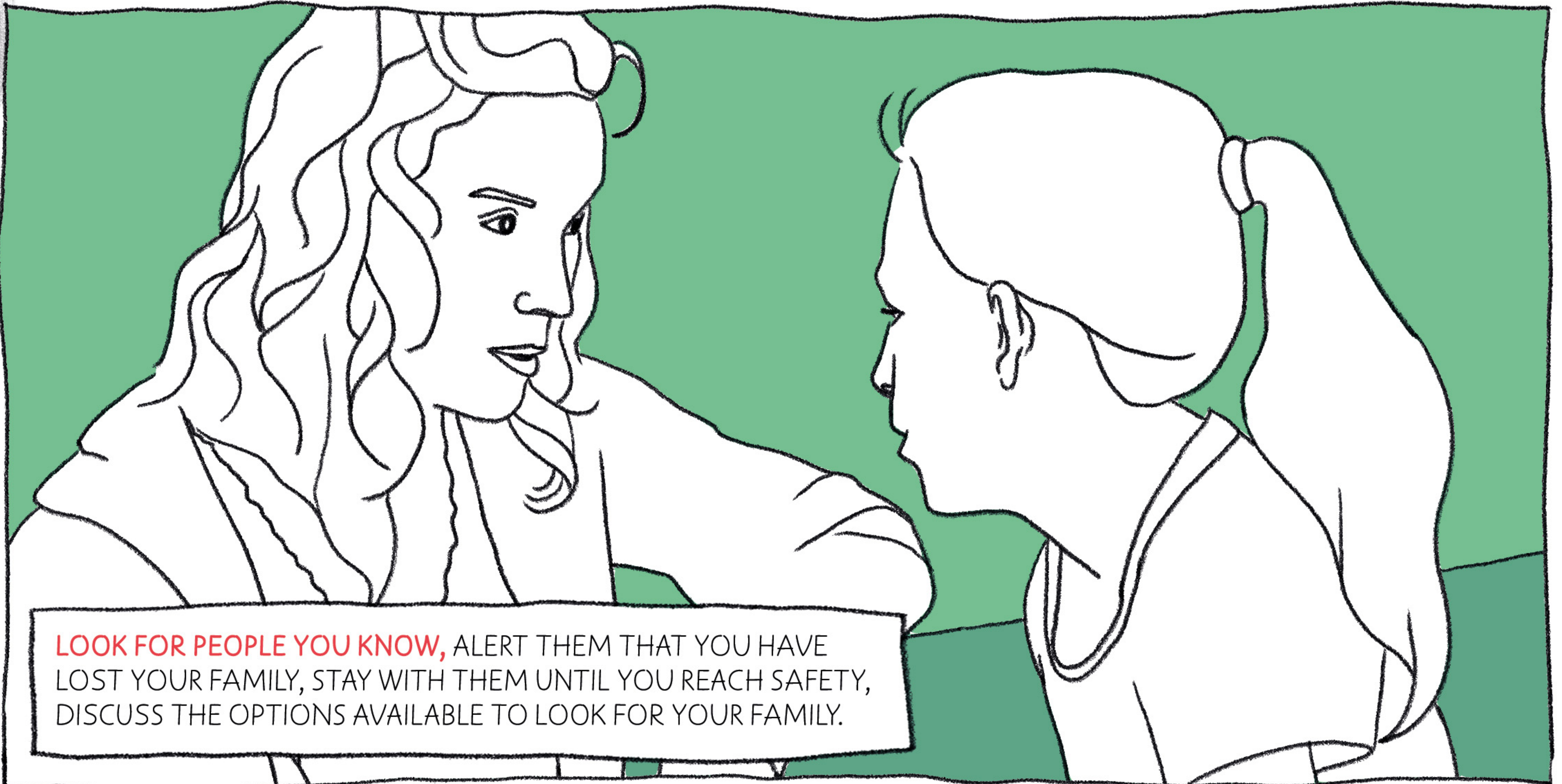
IF YOU ARE FORCED TO FLEE STAY CLOSE TO YOUR FAMILY. IF YOU ARE TIRED ASK YOUR FAMILY TO STOP FOR A LITTLE WHILE.



IF YOU GET SEPARATED FROM YOUR FAMILY...



YOU ARE NOT ALONE. THERE ARE PEOPLE WHO CAN HELP YOU.



LOOK FOR PEOPLE YOU KNOW, ALERT THEM THAT YOU HAVE LOST YOUR FAMILY, STAY WITH THEM UNTIL YOU REACH SAFETY, DISCUSS THE OPTIONS AVAILABLE TO LOOK FOR YOUR FAMILY.



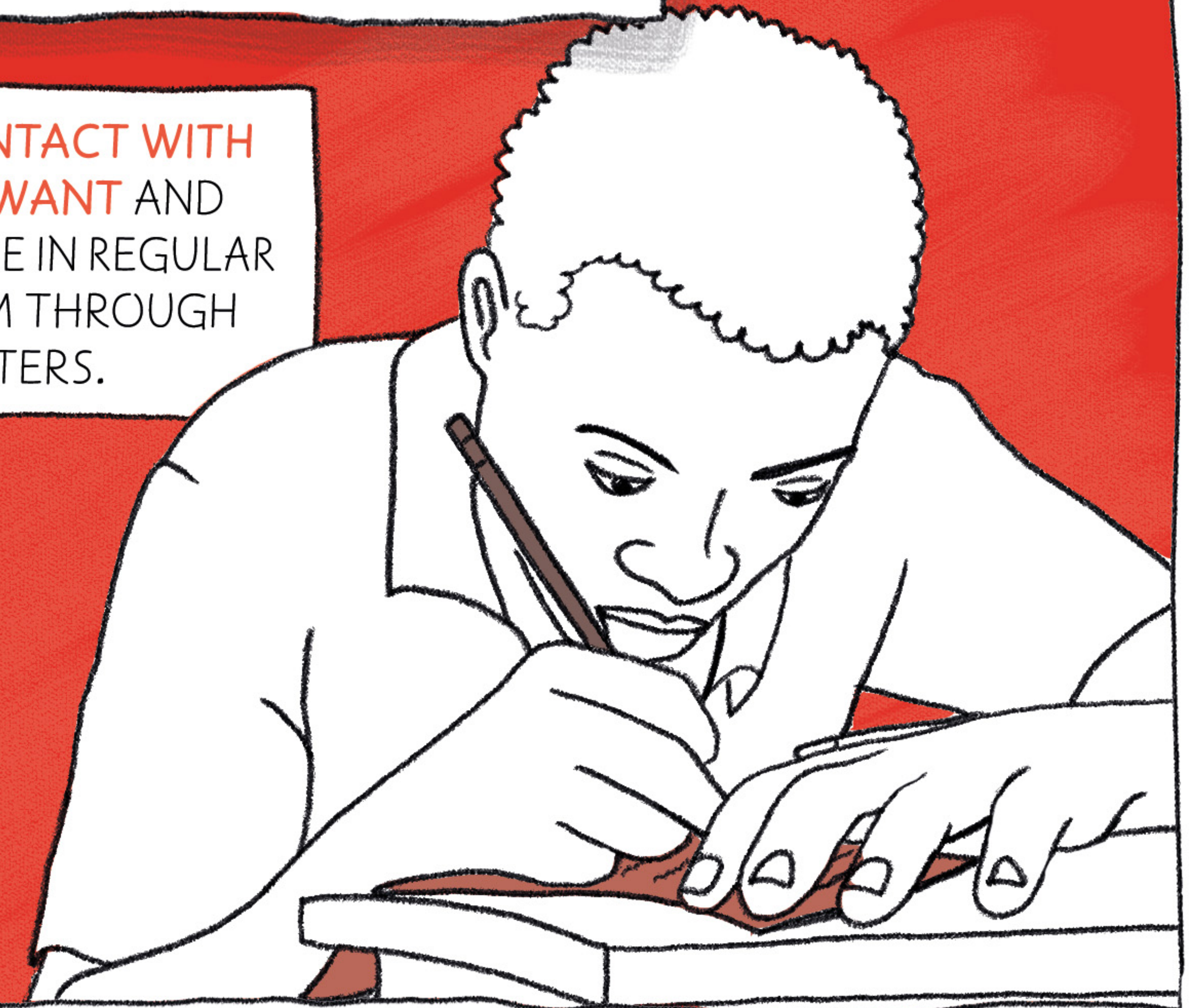
IF YOU DO NOT KNOW ANYONE, LOOK FOR A RED CROSS RED CRESCENT VOLUNTEER, SOMEONE FROM ANOTHER AGENCY YOU TRUST, OR CALL A LOCAL HELPLINE.

THE RED CROSS RED CRESCENT CAN TRY TO LOOK FOR THEM. THE RED CROSS RED CRESCENT WILL NEED SOME INFORMATION TO HELP WITH THE SEARCH.

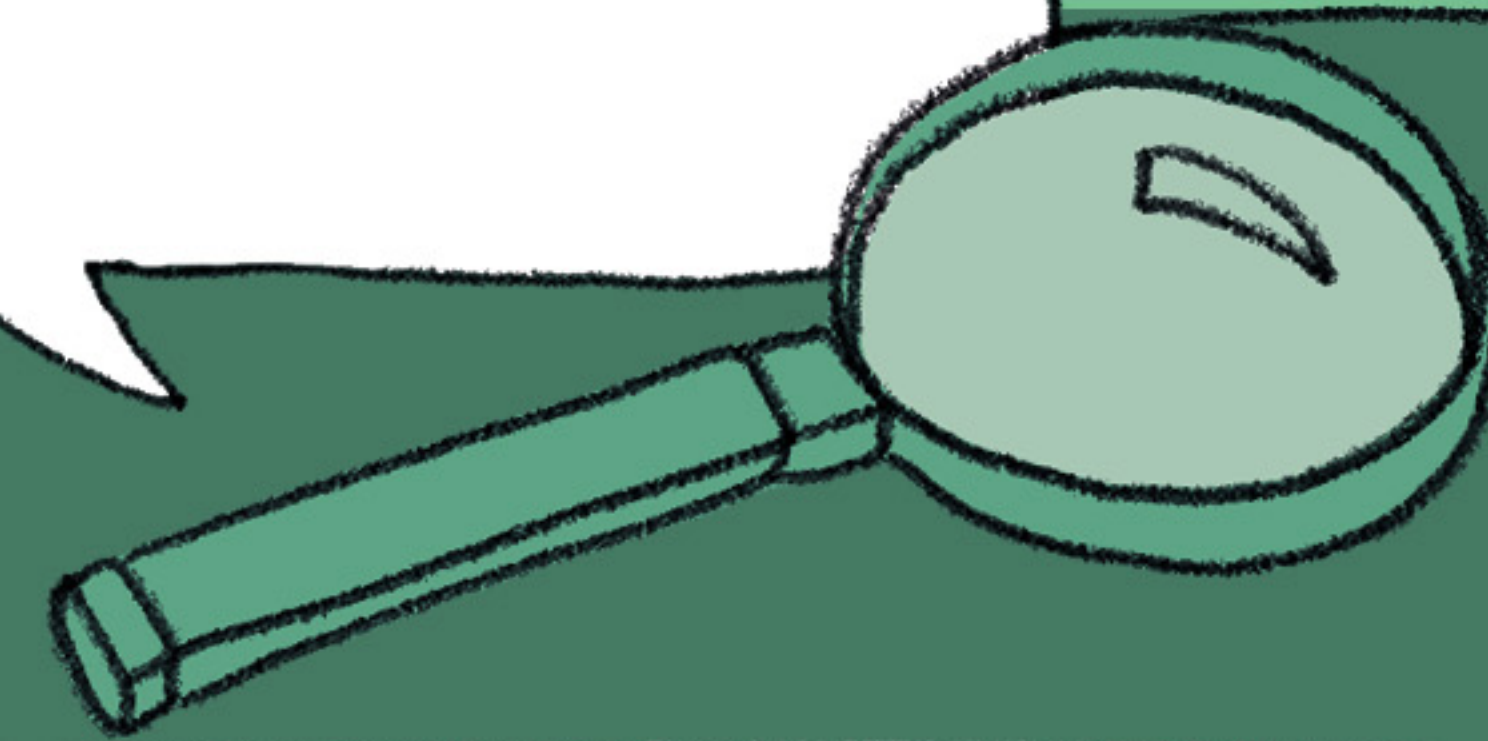


IF THE RED CROSS RED CRESCENT FINDS YOUR FAMILY, THEY WILL ...

HELP YOU GET IN CONTACT WITH YOUR FAMILY IF YOU WANT AND ENSURE THAT YOU ARE IN REGULAR CONTACT WITH THEM THROUGH PHONE CALLS OR LETTERS.



THE SEARCH CAN TAKE TIME BUT THE RED CROSS RED CRESCENT WILL KEEP IN CONTACT WITH YOU TO ENSURE YOU ARE OKAY AND TO UPDATE YOU ON PROGRESS OF THE SEARCH.



DISCUSS WITH YOU THE OPTIONS AVAILABLE, IF YOU WANT TO BE REUNIFIED WITH YOUR FAMILY. BE PATIENT AND FOLLOW SAFE FAMILY REUNIFICATION PROCEDURES.

YOU WILL NOT BE CHARGED ANY MONEY AND THE RED CROSS RED CRESCENT WILL NOT SHARE ANY OF YOUR INFORMATION WITH ANYONE.

